



COUNTY OF SAN DIEGO MEDIA ADVISORY

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ULTIMATE FRISBEE, NUTRITION BINGO ON TAP FOR OLDER ADULTS, YOUNGSTERS AT INTERGENERATIONAL GAMES

County Cosponsors Event to Bridge Generations with Athletics and Fun

- WHO:** Older adults will be teamed up with 3rd Grade students from Chula Vista Elementary schools to compete in the Intergenerational Games.
- WHAT:** Teams will compete in such physical challenges as Ultimate Frisbee, field hockey and soccer shoot, as well as games focused on nutrition information, such as Nutrition Bingo and the mystery fruit/vegetable game.
- WHEN:** March 10, 2010
9 a.m. to 1 p.m. (The interactive Games will begin about 10:30 a.m.)
- WHERE:** U.S. Olympic Training Center, 2800 Olympic Parkway in Chula Vista.
- WHY:** San Diego County and its partners host the Intergenerational Games as an opportunity for older adults and youth to interact. Older adults and youngsters benefit from sharing their unique strengths in a fun environment.

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